

Table 1

Time Slot	Workshop & Presenter	Location	Time Slot	Support Circle & Presenter	Location	Time Slot	Kids' Activity & Presenter	Location	Time Slot	Breastfeeding Room Activity & Presenter
9 AM	Birth Choices Panel with Kipp, Laureli, Rachael	Dome								
10 AM	Pre/Postnatal Yoga with Susan Cline Lucey	Dome	10 AM	Fathers' & Men Circle	Studio	10 AM	Hoop Dance with Pippa Dorfman	Studio		
10:50 AM	Mid-day shout out!									
11:10 AM	Community Blessingway with Birth Love Tribe, Stepping Stone Yoga, Little Artsy Faces, and Sandy Morningstar	Dome				10:45 AM	Nature Walk	Outside (if raining, this workshop will be cancelled)		
11:50 AM	West African Drum and Dance with Seny Daffe and Marlena Tucker-Fishman	Outside (Dome if raining)				11:45 AM	West African Drum and Dance	Outside (dome if raining)		
12:30 PM	Song Activation for Parenting + Performance with Myra Flynn	Dome				12:30 PM	Myra Flynn + Song Workshop	Dome		
1:40 PM	Mindful Parenting with Maris Rose	Dome	1:45 PM	Birth Story Sharing with Julia Alter	Studio	1:45 PM	Music with ReTribe	Outside (in hotel room if raining)	1:30 PM	Breastfeeding Q&A with Vicki Rich
2:15 PM	Birth & Family Culture with Dr. Matt Rushford	Dome							2:45 PM	Nutrition Q&A with Solenne Thompson
2:50 PM	Family Yoga with Bolton Valley	Dome				2:50 PM	Family Yoga with Bolton Valley	Dome		
3:35 PM	Postpartum Care with Beth Kruger and Sabrina Leal	Dome	4:00 PM	LGBTQ & Family with Julia Alter	Studio	3:30 PM	Lego Games	Kids Zone		
4:25 PM	Maternal Mental Health with Sandy Morningstar	Dome				4:30 PM	Art Project	Kids Zone		
5:00 PM	Brain Science Training with Jessica Barquist	Dome	5:15 PM	Grief & Loss with Sabrina Leal	Studio	5:15 PM	Nature Walk	Outside (if raining, this workshop will be cancelled)		